St. Paul's PACE provides coordinated medical and social services to seniors who wish to continue living in their own home despite chronic health needs. For many, it is a welcomed alternative to a nursing home. A range of services includes (but is not limited to):

**Medical Care**  
- Primary and specialty care  
- Dentistry, podiatry, and optometry  
- Prescription medication  
- Outpatient labs and X-rays  
- Emergency and urgent care  
- Long-term care  
- Dietary support

**In-Home Assistance**  
- Personal care such as bathing/grooming  
- Light housekeeping  
- Help with grocery shopping

**Ongoing Rehabilitation**  
- Physical therapy  
- Occupational therapy  
- Speech therapy  
- Durable medical equipment

**Transportation**  
- To and from St. Paul's PACE center  
- To and from medical appointments

**Social Work**  
- Ongoing supportive case management

**Day Center**  
- Recreational therapy including music, art, exercise, and field trips  
- Three-course lunch

Services provided are per an individualized care plan and approved by the St. Paul’s PACE Care Team.

**St. Paul’s PACE serves adults 55 and older with medical conditions who:**  
- Need special care and assistance to remain living safely in their home  
- Meet the Skilled Nursing Level of Care requirements as determined by the California Department of Health Care Services  
- Can live in the community without jeopardizing their safety  
- Live in our San Diego County service areas:

<table>
<thead>
<tr>
<th>Zip Code</th>
<th>Services Provided</th>
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<tbody>
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Medi-Cal beneficiaries who have a share-of-cost remain responsible for their individual share-of-cost. Participants without Medi-Cal pay a monthly premium to cover long term care and Medicare Part D drugs.

"St. Paul’s PACE picks me up from home and takes me to all my doctor’s appointments.”

– Consuelo O.  
St. Paul’s PACE Participant

St. Paul’s PACE locations:  
San Diego  
111 Elm Street, San Diego, CA 92101  
Chula Vista  
630 L Street, Chula Vista, CA 91911  
El Cajon  
1306 Broadway, El Cajon, CA 92021  
North County Clinic  
304 Seacrest Way, Encinitas, CA 92024

**INSURANCE & COST**

St. Paul’s PACE is a managed care health plan. We accept Medi-Cal, a combination of Medi-Cal and Medicare (dual eligible), or private payment. For those with Medi-Cal and no share-of-cost, St. Paul’s PACE services are FREE. There are no co-pays or hidden fees; even medications are FREE (pending aid code approval).

Monday - Friday 8:00 a.m. to 4:30 p.m.  
HS629-1811 CMS approved 5/2/18