The following items are needed to meet the basic needs of San Diego’s most frail, low-income seniors:

- Food gift cards (Vons, Albertsons, anywhere that sells food) are a HUGE need and canned/non-perishable foods
- Cleaning supplies
- Laundry detergent
- Fabric softener
- Dish sponges
- Paper towels
- Toilet paper
- Blankets
- Kleenex
- Socks
- Sweatshirts
- Trash bags
- Denture cleaner
- Eye glass cleaners
- Hygiene care items:
  - shampoo
  - body wash
  - deodorant
  - toothbrushes
  - toothpaste
  - hair brush/comb
  - razors
  - shaving cream

St. Paul’s PACE cares for seniors. You can help too, through St. Paul’s Essential Needs Drive (SPEND). While you may only SPEND A LITTLE – your donation will HELP A LOT!

You can drop off your donations at any of our three St. Paul’s PACE locations:

**St. Paul’s PACE - San Diego**
(619) 677-3800
111 Elm Street, San Diego CA 92101

**St. Paul’s PACE - Chula Vista**
(619) 271-7100
630 L Street, Chula Vista, CA 91911

**St. Paul’s PACE - El Cajon**
(619) 551-7400
1306 Broadway, El Cajon, CA 92021

Donation sites are open from 8am to 4:30pm, Monday through Friday. Please, do not gift wrap and no used items.

StPaulsPACE.org